



Court Human Resources has created a private space for new mothers to use for the purpose of expressing breastmilk.

- Contact Court HR to obtain access to the Mother's Room. You'll want to discuss with Court HR any accommodations you may need that are specific to the requirements of your position.
- Create a schedule, and let your supervisor know your break schedule. You may need to work with your supervisor to adjust any flexible schedules and/or hours of work.

Frequently asked questions:

1. Where is the Mothers Room?
 - The Mother's Room is located on the 4th floor on the east end of the secured hallway. Please contact Court HR to check out the key.
2. What is in the Mothers Room?
 - The room has a mini fridge, chair, shelves, clock, and sanitizing wipes for your use. There are storage cubbies available if you want to leave your equipment in the room during the day.
3. Who is able to use the Mothers Room?
 - The Mothers Room is only available to employees and contract/per diem workers; it is not available for the public.
4. When will I have time to take breaks to express breastmilk? What if I go over the allotted break time?
 - Please discuss your allotted break times with your supervisor. If you are to need more time, please talk to your supervisor.
5. How long will I be allowed to express breastmilk at work?
 - Per federal law, employers must allow break times for milk expression up until the child's first birthday. If you need to express past the first year, please discuss with Court HR.
6. What if I do not use the Mother's Room and use my office instead?
 - This is your decision and we want you to use whatever location makes you feel most comfortable. Court HR has door hangers available for your office if you'd like to use one.